



# ELEPHANTS EXPRESS MENU

WINTER 2020 | JANUARY 6TH THROUGH APRIL 5TH

Delivery is available. Please call for pricing and to make arrangements. | 503.299.6304

This menu is available from our NW 22nd location only.

All orders are subject to availability.

Orders may be picked up daily after 8:00am.

## BEGIN YOUR ORDER TODAY –

### – PHONE US

Speak with an order expeditor by calling **503.299.6304**.

Our hours are Monday through Friday, 7am to 6:30pm,  
and from 8am to 5pm on Saturday and Sunday.

Need to order lunches for a group?

### – SACK AND BOX LUNCH DELIVERY

Contact our sack lunch delivery service at **503.238.8140**.

## MENU TABLE OF CONTENTS

Please contact us with any questions.

### MORNINGS ON THE GO – 2

Hot and cold breakfasts, coffee, and juice

### LUNCH SPECIALS – 3

Sandwiches and salads

### APPETIZERS – 5

The perfect beginning to any meeting  
or meal

### PICNICS & DINNERS – 6

Grab a picnic, dinner to-go, or even  
stock a friend's freezer with the best

### DESSERTS – 7

The sweetest things



# MORNINGS ON THE GO

## À LA CARTE

### GREEK YOGURT PARFAIT (VE)

Vanilla Greek yogurt, our house-made granola, and blueberries – 6 / each

### MUFFINS (VE)

Inquire as to our current seasonal selection – 2.75 / each

### BAGELS (VE)

Assorted Spielman bagels – 2 / each

### ALMOND CROISSANT (VE) – 3 / each

### SEASONAL MINI DANISH (VE)

Raspberry – 1.75 / each

### CINNAMON TWIST (VE) – 2.25 / each

### BANANA BREAD (VE) – 2.75 / slice | 15.5 / loaf

### MARIONBERRY SCONE (VE) – 3.25 / each

## BREAKFAST PLATTERS

### MORNING PASTRY (VE)

Elephants fresh-baked assorted pastries – 32 | 47 | 64

### SEASONAL FRESH FRUIT (DF) (WF) (VG)

Sliced fruit and fresh berries – 66 | 112

### CONTINENTAL BREAKFAST (VE)

Elephants fresh-baked assorted pastries and Spielman bagels served with cream cheese and jam – 32 | 47 | 64

Small-serves 10 | Medium-serves 15 | Large-serves 20

Platters are available after 8am. Same day orders and early pick-ups are subject to availability – please inquire.

## BRUNCH ENTRÉES

### HAM SCRAMBLE (WF)

Eggs, ham, bell peppers, onion, scallions, cheddar, Monterey jack cheese – 50 / serves 8-10

### SAUSAGE & POTATO FRITTATA (WF)

Shredded potatoes, Swiss, cheddar, and sausage – 50 / serves 8-10

### VEGETABLE FRITTATA (WF) (VE)

Shredded potatoes, Swiss, cheddar, zucchini, and mushrooms – 50 / serves 8-10

All entrées are served hot and ready-to-eat, or with reheating instructions to enjoy later.

## MORNING BEVERAGES

### STUMPTOWN COFFEE

Regular Delicatessen Blend or decaf – 28 / to-go

### STEVEN SMITH TEA

An assortment of green, black, and herbal – 28 / to-go

### ASSORTED JUICE

We carry a wide assortment of juices, flavored waters, teas, and sparkling beverages – prices vary

# LUNCH SPECIALS

## SACK AND BOX LUNCHES

### SACK LUNCHES

#### SANDWICHES

with sea salt chips, a petite chocolate chip cookie, and a shortbread cookie – 10.95-11.95

#### SALADS

with a baguette slice, butter, a petite chocolate chip cookie, and a shortbread cookie – 12.25-12.75-13.50

### BOX LUNCHES

#### SANDWICHES

with sea salt chips, a fresh fruit salad, a petite chocolate chip cookie, and a shortbread cookie – 15.25-16.25

#### SALADS

with a baguette slice, a fresh fruit salad, butter, a petite chocolate chip cookie, and a shortbread cookie – 16.75-17.25-18.00

### SPECIALTY LUNCHES

#### WHEAT-FREE SANDWICH SACK LUNCH

with sea salt chips and two coconut macaroons – 14.5-15.5

#### WHEAT-FREE SANDWICH BOX LUNCH

with sea salt chips, fresh fruit salad, and two coconut macaroons – 19.5-20

#### WHEAT-FREE SALAD SACK LUNCH

with sea salt chips and two coconut macaroons – 13.5-14.5

#### WHEAT-FREE SALAD BOX LUNCH

with sea salt chips, fresh fruit salad, and two coconut macaroons – 18.5-19.5

#### VEGAN LUNCH

with sea salt chips and fresh fruit salad – 14.5

## SOUPS

### TOMATO ORANGE (VE) (WF)

A creamy, dreamy tomato soup with a twist of orange

### MAMA LEONE'S

Chicken breast, tomato, vegetables, and a savory blend of herbs and spices; with a touch of cream

### SEASONAL SOUP

Inquire about our current selection

half-pint – 4.25 | pint – 6.25 | quart – 10.25 | group size-serves 8-10 people – 47

## À LA CARTE SANDWICHES

### TURKEY & CHEDDAR

Turkey, cheddar, tomato, lettuce, and mayonnaise on multigrain bread – 7.25

### TURKEY CLUB

Turkey, bacon, Swiss, tomato, lettuce, and mayonnaise on rustic white bread – 8.25

new

### TEMPEH & QUINOA WRAP (VG) (DF)

Quinoa, marinated tempeh, spinach, arugula, mixed greens, carrots, scallions, vegan mayonnaise, and our soy ginger dressing – 8.25

new

### SMOKED TURKEY WITH CHIPOTLE

Smoked turkey, chipotle mayonnaise, provolone, onion, and lettuce on rustic white bread – 8.25

new

### PASTRAMI ON LIGHT RYE

Pastrami, Swiss cheese, pickles, and tangy dressing on our light rye – 8.25

### JAMBON ET FROMAGE

Ham, Swiss, butter, and Dijon on our ficelle – 7.25

### CAPRESE (VE)

Tomatoes, fresh mozzarella, basil, and herb aioli on our ciabatta bread – 7.25

### EGG SALAD (VE) (DF)

Egg salad and lettuce on multigrain bread – 7.25

### ALBACORE TUNA SALAD (DF)

Tuna, mayonnaise, tomato, pickle, and lettuce on multigrain bread – 7.25

All sandwiches are available on Red Plate wheat-free bun with 48-hour notice | Substitute a wheat-free bun for \$1.75

Choose five or more sandwiches for a buffet-style tray. Please add \$5.50 for the non-returnable tray.

# LUNCH SPECIALS

## À LA CARTE SALADS

### WILLAMETTE VALLEY SALAD (VE) (WF)

Mixed greens, romaine, hazelnuts, blue cheese, apples, grapes, and our raspberry vinaigrette – 9

### CHICKEN CAESAR SALAD

Romaine, chicken breast, hard-boiled egg, radicchio, croutons, scallions, Parmesan, and our Caesar dressing – 9

### CHOP CHOP SALAD (WF)

Turkey, salami, provolone, Parmesan, garbanzo beans, romaine, olives, scallions, Mama Lil's peppers, and our balsamic vinaigrette – 9.5

### CLASSIC COBB SALAD (WF)

Chicken breast, romaine, hard-boiled egg, blue cheese, bacon, tomato, scallions, and our French vinaigrette – 9.5

### ELEPHANTS HOUSE SMOKED SALMON SALAD

Salmon, arugula, dried cranberries, pearl couscous, tomatoes, roasted corn, Parmesan, pepitas, and our creamy pesto dressing – 9.5

### SOBA NOODLE SALAD (DF) (VE)

Buckwheat noodles, edamame, cabbage, zucchini, carrots, broccoli slaw, bell peppers, scallions, sesame seeds, and our soy ginger dressing – 9

### WINTER GREEN SALAD (DF) (WF) (VG)

Arugula, radicchio, red leaf lettuce, fresh fennel, dried cranberries, seasoned pepitas, and our rosé salad dressing – 6

In addition to sack or box lunch entrées, salads are also available family style. Please add \$5.5 for the non-returnable tray.

## DELI SALADS & SIDE DISHES

AMERICAN POTATO SALAD (DF) (WF) (VE) – 6.75 / pound

GREEK METALA ORZO SALAD (VE) – 8.75 / pound

CAPRESE PASTA SALAD (VE) – 8.75 / pound

CHINESE CHICKEN PASTA SALAD (DF) – 9.95 / pound

FRESH FRUIT SALAD (DF) (WF) (VG) – 10 / pound

CURRY CHICKEN RICE SALAD (DF) (WF) – 13 / pound

CHICKEN SALAD (DF) (WF) – 13 / pound

ROASTED SEASONAL VEGGIES (DF) (WF) (VG) – 10.75 / pound

BROCCOLINI (VG) (DF) (WF) – 13 / pound

NUTTED WILD RICE (DF) (WF) (VG) – 12 / pound

All deli salads are available family style. Please add \$5.5 for the non-returnable tray.

# APPETIZERS

## SNACKS

- ELEPHANTS HUMMUS (DF) (WF) (VG) - 4.5  
GOAT CHEESE PISTACHIO DIP (WF) (VE) - 8.75  
ARTICHOKE PARMESAN DIP (WF) (VE) - 7.75  
SPINACH DIP (VE) (WF) - 4.75  
ELEPHANTS SALSA (DF) (WF) (VG) - 6.25  
GUACAMOLE (DF) (WF) (VG) - 7.5  
AMIGOS TORTILLA CHIPS (DF) (WF) (VG) - 3.75  
BEECHERS CRACKERS (VE) - 5  
SLICED BAGUETTE (DF) (VG) - 3.5 / each

## HORS D'OEUVRES

- BITE SIZE SPRING ROLLS (DF) (VG)  
*With sweet chili dipping sauce - 14 / dozen*  
DEVILED EGGS (DF) (WF) (VE) - 12 / dozen  
TOMATO BASIL TARTLETS (VE) - 18 / dozen  
DUNGENESS CRAB & SHRIMP CAKES (DF)  
*With chili-lime aioli - 30 / pound*  
TERIYAKI SALMON BITES (DF) (WF)  
*With wasabi dipping sauce - 28 / pound*

Please add \$5.50 for the non-returnable tray.

## SPECIALTY PLATTERS

- VEGETABLE CRUDITÉS (WF) (VE)  
*A colorful array of freshly cut seasonal vegetables and roasted potatoes served with buttermilk ranch dip - 57 | 92*  
SEASONAL FRESH FRUIT (DF) (WF) (VG)  
*Sliced melon, seasonal fruit, and fresh berries - 66 | 112*  
NORTHWEST CHEESE TRAY (VE)  
*Crater Lake Blue and Cirrus (camembert-style), Tillamook three-year old aged white cheddar accompanied by grapes, Marcona almonds, dried tart cherries, and local fruit; served with our crackers and sliced French baguette - 89 | 162*  
GOOD TIMES APPETIZER  
*Salami, Marcona almonds, artichoke Parmesan spread, sun-dried tomato dip, Tillamook three-year old aged white cheddar, St. André cheese, olives, and grapes; served with our crackers and sliced French baguette - 75*

- MARKET FRESH CHEESE (VE)  
*An assortment of farmstead cheeses, Marcona almonds, and fig tapenade, served with crackers and French baguette from our bakery - 87 | 155*

Small-serves 10 - 15 | Large-serves 20 - 30

## APPETIZERS FOR YOUR FREEZER

- BLACK BEAN CAKES (DF) (VE) - 18  
SPANAKOPITA (VE) - 24  
SPINACH TARTLET (VE) - 17  
VEGETARIAN SPRING ROLLS (DF) (VE) - 16  
TOMATO TARTLETS (VE) - 18

# PICNICS AND DINNERS

## PICNICS

### DOWN HOME PICNIC

Fried chicken, potato salad, fruit salad, focaccia squares, brownies, and Dr. Browns sodas; served cold – 50

### SEASONAL PICNIC FOR TWO

Baguette, white wine, olives, two kinds of salami, dried fruit, hazelnuts, and two kinds of cheese – 45

Picnics to go are perfect for two, and come with a reusable shopping tote.

## READY TO EAT ENTRÉES

### RATATOUILLE SQUARES (DF) (WF) (VG)

Eggplant, bell peppers, onions, zucchini, yellow squash, olive oil, herbs, and tomato – 9.75 / each

### BUTTERMILK FRIED CHICKEN BREAST

Served with our roasted garlic ranch dressing – 14 / pound

### ROASTED SALMON\*

Served with cucumber dill sauce – 28 / pound

### SEASONAL BEEF\*

Inquire about our current selection – 39.95 / pound

### CHINESE BARBECUED PORK (DF)

With hot mustard dipping sauce – 14.5 / pound

\*Subject to availability. Please add \$5.50 for the non-returnable tray.

## PARTY SIZE CASSEROLES

MACARONI & CHEESE (VE) – 42

POTATOES AU GRATIN (VE) (WF) – 60

TOMATO TART (VE) – 56

LASAGNA MARINARA (VE) – 59

LASAGNA BOLOGNESE – 68

CHICKEN ENCHILADA VERDE (WF) – 64

ALL-AMERICAN MEATLOAF – 92

Each casserole serves eight to ten and is served in a non-returnable, oven safe tin. Heating instructions are provided.

## DINNER TOTES

### AT HOME DINNER

Let us do the cooking! This perennial favorite includes our enchilada verde, macaroni and cheese, wild mushroom soup, chicken Caesar salad, Willamette valley salad, four big cookies, and four focaccia squares – 80

### COMFORT OF HOME

Is your baby off at college? Send them their favorite Portland delicacies. Our lasagna Bolognese, polenta dolcetto, Mama Leone's soup, classic Cobb salad, Willamette valley salad, four big cookies, and four focaccia squares – 80

Dinner Tote meals are cold and ready to heat—heating instructions are provided.

## ENTRÉES FOR YOUR FREEZER

ALL-AMERICAN MEATLOAF – 19.25

BEEF STROGANOFF – 23

CHICKEN CANNELONI BIANCO – 22.5

CHICKEN CARBONARA – 18.25

CHICKEN ENCHILADA VERDE (WF) – 19.25

CHICKEN POT PIE – 18.25

CHICKEN, BLACK BEAN & TORTILLA CASSEROLE (WF) – 18.25

LASAGNA BOLOGNESE – 19.25

LASAGNA MARINARA (VE) – 17.5

MACARONI & CHEESE (VE) – 14.25

MAC & CHEESE WITH SMOKED BACON – 19.25

MUSHROOM STRUDEL (VE) – 19

PENNE, TOMATO, ARUGULA & PROSCIUTTO – 16.5

POLENTA DOLCETTO (VE) – 14.5

SHEPHERD'S PIE – 25

SWEDISH MEATBALLS – 14

TACO CASSEROLE (WF) – 16.5

TOMATO TART (VE) – 18.25

ZUNI STEW (VE) (WF) – 16.5

# DESSERTS

## À LA CARTE

DING DONG CAKE (VE) – 6

VANILLA CRÈME BRÛLÉE (VE) (WF) – 4.25

CHOCOLATE MOUSSE (VE) (WF) – 4.25

THREE INCH NEW YORK CHEESECAKE (VE) – 5

SIX INCH SEASONAL CAKE (VE)

*Inquire about our current selection – 23*

ELEPHANTS SHORTBREAD (VE) – 1.5

SEASONAL FROSTED SHORTBREAD (VE) – 2.5

BIG COOKIE (VE)

*Chocolate chip, cowboy (oatmeal chocolate chip), oatmeal raisin, peanut butter, or our seasonal variety – 2.25*

PETITE COOKIE (VE)

*Assorted petite cookies – 1.5*

CUPCAKES (VE)

*Chocolate or yellow cake with chocolate ganache or Swiss vanilla buttercream frosting, or our seasonal variety – 2.75*

DESSERT BAR (VE)

*Chocolate brownie or lemon bar – 2.5*

WALNUT PECAN BAR (VE) – 3

FRENCH MACARON (VE) (WF)

*Assorted flavors – 2.25*

COCONUT MACAROON (VE) (WF) – 2

## DESSERT PLATTERS

MACARONS & MACAROONS (VE) (WF)

*Seasonal assortment of French macarons with our traditional coconut macaroons – 32 | 65*

BIG COOKIES (VE)

*Chocolate chip, cowboy (oatmeal chocolate chip), oatmeal raisin, peanut butter, and our shortbread – 22 | 35 | 45*

ASSORTED PETITE COOKIES (VE)

*Chocolate chip cookies, sables, shortbread, and our seasonal special – 31 | 43 | 55*

DESSERT BARS (VE)

*Our lemon bars, walnut bars, and our brownies served bite-sized – 31 | 43 | 55*

Small-serves 10 | Medium-serves 15 | Large-serves 20