

# HOW TO PORTION FOR YOUR PARTY

## ENTRÉES & SIDES

- **Protein (meat, fish, etc.)**  
Two to three people per pound
- **Rice, grains, and pasta**  
Five to six people per pound
- **Potatoes**  
Three to four people per pound
- **Vegetables**  
Five to six people per pound
- **Salad**  
Three to four people per quart

## HORS D'OEUVRES

- **Before a meal**  
Four to six bites
- **No meal**  
Four to six bites per hour

## DESSERTS

- **Petite or bite-sized**  
Three to four bites



HAVE QUESTIONS? WE'RE HERE TO HELP.

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